

## Community Based Outpatient Clinics

Bremerton  
925 Adele Avenue, Bremerton, WA 98312  
Telephone: (360) 782-0129

Port Angeles  
1005 Georgianna Street, Port Angeles, WA 98362  
Telephone: (360) 565-9330

Northwest Washington  
Cedar Grove Building B, 2031-C Hospital Drive  
Sedro-Woolley, WA 98284  
Telephone: (206) 764-2547

## Readjustment Counseling Services

Seattle Vet Center  
2030 - 9th Ave. Suite 210, Seattle, WA 98121  
Telephone: (206) 553-2706

Tacoma Vet Center  
4916 Center St # E, Tacoma, WA 98409  
Telephone: (253) 565-7038

Everett Vet Center  
311 Wetmore Ave, Everett, WA 98201  
Telephone: (425) 252-9701

Bellingham Vet Center  
3800 Byron, Suite 124, Bellingham, WA 98229  
Telephone: (360) 733-9226

More info is also available on the web:  
<http://www.puget-sound.med.va.gov/>

Deployment Health Clinic

VA Puget Sound Health Care System

For more information about VA  
services, please contact:

VA Puget Sound Health Care System  
Seattle Division  
1660 S. Columbian Way  
Seattle, WA 98108  
(206) 762-1010  
or 1-800-329-8387

American Lake Division  
9900 Veterans Drive  
Tacoma, WA 98493  
(253) 582-8440

Deployment Health Clinic  
(206) 764-2636 or 1-877-222-8387

OEF/OIF Veteran Program Manager  
Linda Gillespie-Gateley, LICSW  
Phone: (253) 583-1165  
Email: [Linda.Gillespie-Gateley@va.gov](mailto:Linda.Gillespie-Gateley@va.gov)

Deployment  
Health  
Clinic



## Post Combat Care Services

VA Puget Sound Health Care System is committed to providing medical care and counseling services for all returning combat veterans.

At our Deployment Health Clinic we provide primary care, mental health and social work services, in a one-stop shop approach that combines and integrates those services. When coming in for their first appointment, veterans can expect a two hour appointment where their complete condition will be evaluated, instead of many separate appointments over several days.

This allows our providers to develop a treatment plan that not only accounts for physical injuries, but also mental and social issues such as marital problems, financial hardships or homelessness.

It is our goal to ensure all veterans returning from combat receive personal attention and the best in health and mental health care services.

If you are a veteran, or know someone who has recently returned from combat, please contact VA Puget Sound at 1-800-329-8387.

## Establishing Combat Veteran Eligibility

The Department of Veterans Affairs has promoted new eligibility rules that provide Active Component and Reserve Component personnel who served in designated combat zones (since November 11, 1998) with 5 years of free care from the date of separation from active duty. This includes Reservists or National Guard members who have been activated for federal duty and now have "veteran status."

After the 5 years of free care expires, you may be eligible for VA health care under normal eligibility standards. Refer to the VA website for more info on eligibility standards:

<http://www.va.gov/healtheligibility/>

**Note:** Free care refers to all services related to the veteran's combat experience, even if there is insufficient medical evidence that such a condition is attributable to such service. Co-payments may be charged for treatment of non-combat related conditions.

## Enrollment Options

All veterans must apply to receive VA health care benefits. You can apply for VA health care by completing VA form 1010EZ. This form may be obtained by visiting, calling or writing any VA health care facility or veterans' benefits office. You can also access the form on the internet at <http://www.va.gov/1010ez.htm> or call the VA Healthcare Eligibility Center at 877-222-VETS (8387).

## Homecoming After Deployment

Returning home from deployment brings change. Knowing what to expect and how to deal with changes can make homecoming more enjoyable and less stressful.

### Expectations:

- You may miss the excitement of the deployment for a while.
- Spouses may have become more independent and learned new coping skills.
- You may not want to talk about your experiences when others keep asking.
- You may wonder if you still fit into the family.

### Tips:

- Support good things your family has done.
- Take time to listen and talk with loved ones.
- Be patient with yourself and family members.
- Be aware that your family may not be the same as before; everyone may have changed.